

Every Child, Every Chance, Every Day

Principal's Report



Celebrating the rich blend of backgrounds and culture at our school is a true pleasure. Our lives are enriched by both the similarities and differences that both unite us and yet make each of us unique.

Diversity is not how we differ. Diversity is about embracing one another's uniqueness. ~ Ola Joseph

In her article this week, Miss Seach draws your attention to Harmony Day, a highlight within our week which we will celebrate on Thursday 23rd March. I eagerly look forward to a sea of Cultural clothing and the colour Orange to mark the day.

Bike Safety

It is a great privilege to work within a school that has such an active community. It fosters a shared sense of responsibility for the wellbeing of our children. This is particularly evident when children are seen being unsafe within the vicinity of the school or in our broader suburb.

I need parents to know that some very unsafe riding has been observed and reported to me. In particular, the manner in which student bike riders leave the bike shed and cross Austin Street (when unsupervised) pays little heed to road rules and their own safety. The students observed were most likely in Years 4 or 5. Many are also choosing to not use the crossing in Dallas Avenue, preferring to cut across the Austin/Dallas intersection.

Yep, it is time again to check in with our children and remind them of their responsibilities when riding on the roads or as pedestrians. Please reach out if you would like any tips or hints for these discussions at home. Regular reminders about road safety is important as we all work to keep all children safe.



HOW TO CONTACT THE SCHOOL SCHOOL 9570 4808 OSHC 0423 940 728

www.hughesdaleps.vic.edu.au email: hughesdale.ps@education.vic.gov.au

Past Hughesdale Happenings can be found on COMPASS in Community under **School Documentation**

Our family is there for your family

Week 7 Term 1 2023 Issue 4

Term 1			
Wednesday 22nd March	House Athletics Carnival		
Friday 31st March	• Student Free Day		
Thursday 6th April	 Last Day of Term School Ends at 2.30pm 		
Term 2			
Monday 24th April	Term 2 Begins		
Tuesday 25th April	Anzac Day Public Holiday		
Thursday 4th May	Colour Fun Run		
Thursday 11th May	Kaboom Tabloid Sports F-L2		
Thursday 18th May	District Cross Country		
Monday 12th June	King's Birthday Public Holiday		

Parent Representatives

Each year, a call is put out to parents requesting that they consider being a representative for their child's class for the year. We are so very grateful to the many parents who have taken on this role in the past. This role supports communication amongst the parent group and classroom teacher, and I know that our staff benefit from this support.

Once again we have a fabulous team of parents who are willing to support the school, the students and our community in this way. May I thank the following volunteers who are stepping into this role in 2023.

There are a couple of classes that would still appreciate this support. If you or someone you know would like to volunteer in this way to assist 2B or 2C, please contact the class teacher (Megan Lillingston or Danielle Phillips.

Class Representatives Afternoon Tea

I would like to host an afternoon tea to thank our 2023 representatives for volunteering their time. Could these members of our community please check their email where I have sent a poll - gathering information about the best time for us to gather. I would dearly love the opportunity to make you a coffee (or tea, or hot chocolate!) and thank you in person. It would also be lovely for you to all meet each other. Once I have this feedback from you all (through the poll about best meeting times) I will email a confirmed day, date and time.

Parents and Friends Meeting

I thoroughly enjoyed catching up with our Parents & Friends Committee and some of our community at their last planning meeting. I have been asked when on Yard Duty about how parents can catch up on what is discussed if they cannot make it to these meetings. In the future, this information will be published in our Newsletter, and on this occasion I have great pleasure in sharing the following;

Tea and Tears

This was the first event hosted by the P&F team this year. This is a treasured event on the school calendar as we welcome families who have delivered their children to Foundation for the first time. We get to share in this extraordinary milestone and support families both existing and new. It is a great meeting place and many friendships have commenced at the annual Tea and Tears event. This is not a money raising initiative, it is designed with a single minded focus on creating connections for our community. Camp Australia once again sponsored the morning by providing a delicious array of pastries and sweets to accompany the tea and coffee being served.

- 1			Georgia Simatis (Kosta & Spiro
Foundation	Nerole Blair	FA	Kalafatis)
	Natalie Giaccotto (Level Leader)	FB	Andrea Cadby (Ivy Cadby)
	Jason McDonald	FC	Claire Warfe (Penny Warfe)
	Morgan Ray	FD	Jess Norder (Jasmine Norder)
Year One	Adam Greene/Elisha Park	1A	Holly Lam (Anthong Yeung)
	Laura Nolan	1B	Kate Ryan (Charlie Ryan)
	Sarah Pincus	1C	Emma Jones (Finn Jones) Susannah Bourke (James Walsh)
	Alice Williamson (Level Leader)	1D	Georgia Burns (Polly Burns)
Year Two	Ashley Carey	2A	Dianne Ruka (Taylor Ruka)
	Megan Lillingston (Level Leader)	2B	Vacant
	Danielle Phillips	2C	Vacant
	Brooke Thompson	2D	Jodie Davis (James Davis) Kanaka Hodlur (Gargi Hodlur)
Year Three	Kim Black	3A	Jacqui Corben (Ava Corben)
	Mandy Prokupets (Level Leader)/ Sharon Amiet	3B	Fiona Morrow (Elliot Panozzo) Zoe Walters (Mackenzie Ferrers)
	Belinda Trevaskis	ЗC	Fiona Zalcman (Jessica Zalcman) Julia Agrimi (Amelia Agrimi)
Year Four	Dave Meier	4A	Sarah Scott (Callum Scott)
	Amy Mulcahy (Level Leader)	4B	Dani Conetta (Rijker Nadji) Kate Ryan (Benjamin Ryan)
	Kirby Ryan	4C	Anna Johnston (Tess Johnston) Megan Rive (Angus Major)
Year Five	Chen Yao	5A	Sivadharshini Ganesan (Adithya Ganesan)
	David Cooper (Level Leader)	5B	Lauren Sullivan (Emerson Sullivan Joanna Shimaris (Alex Vardavakis Linda Geralis (Lily Geralis)
	Nay Fuller/Robyn Meier	5C	Julie Hall (Matthew Hall)
		ED	Helena Clements (Mary Clement
	Rachel Lam	5D	Helena Clements (wary Clement
Year 6	Rachel Lam Matt Iaconesso	6A	Jacqui Corben (Lewis Corben) Vicki Ifandis (Jorge Spanos Ntovellos)
Year 6			Jacqui Corben (Lewis Corben) Vicki Ifandis (Jorge Spanos

Future Events

The team spoke about preparations for the Easter Egg raffle, and the extreme generosity of our community who donate chocolate eggs, making this fundraising venture possible. The raffle will be drawn slightly differently this year, on the second last day of Term One, while the students are in their classrooms (using the PA). We are able to prepare in excess of 100 prizes each year and while many families win a prize, we do

not want the last memory to be one of disappointment for those children who miss out on one. This occurred when the raffle was drawn at an assembly at the end on the day on the last day of Term

In Term Two, the Colour Run will be held. This will be the third time this event has been part of our calendar. We will change the route slightly, avoiding the slippery section near OSHC. We will rethink the placement of water stations, and remove some of the course obstacles. As much as this is an incredibly fun event, it is important that it is also very safe for our children.

We touched upon the two additional events for 2023, the Footy/Sport evening and our Community Night. We did not discuss these is much detail as they will be held in the second half of the year.

Recruitment of Volunteers

There will continue to be a focus at P&F meetings on building community connections rather than recruiting volunteers. The next meeting will be held on Friday 28th April at 9:00am (in the staffroom) so if you can find even 15 minutes to stop in for a coffee we would love to see you. P&F would love you to hear their plans, and your feedback on past events is so incredibly useful. The next meeting will also be accessible via Zoom so that we can facilitate access and inclusion for an even greater cross section of our community. The ZOOM details are;

https://us02web.zoom.us/j/7322875761? pwd=Z1Y0cUhOYVdodS9paVV0NGkyYS9ydz09

Meeting ID: 732 287 5761

Passcode: MrsG

Farewell Bridene

I would like to share with our community that after many years as a parent, and then our Business Manager, Bridene is leaving us to commence work at a Secondary College. Bridene's last day at Hughesdale Primary School will be Wednesday 22nd March. We thank you Bridene for your support of the school, the students, our staff, our community and our Principals (you have supported two of us over your time here!). Your passion for Hughesdale Primary School will be missed and we all congratulate you on your new appointment.

Assistant Principal's Report

AMANDA SEACH

Harmony Day

We will celebrate Harmony Day next Thursday 23rd March with a parade in the hall at 9.10am. Students are encouraged to wear cultural, heritage or orange coloured clothing and families are welcome.

Did You Know?

Victoria's is a multicultural success story. According to the most recent 2021 Census, over half of all 6.5 million Victorians have at least one parent born overseas. We also:

- speak 290 languages
- have 314 different ancestries
- settle around 4,000 refugees in our state each year
- see around 10,000 people arrive in our state seeking asylum each year.

<u>Thank you</u>

To Ember (FA) and her family, thank you for the donation of a fish tank to the school. Our fish are going to love their new Condo!

A Message from three students

Hi. This is Frankie, Jindi and Maddie. We were going to speak at Assembly last week but we ran out of time. We will be talking instead at Assembly this week. We want to talk about endangered animals and how we want them to live a better life. We were wondering if it was possible to bring a gold coin donation to the assembly on Friday. The speech will be about how endangered animals fight through the tough conditions and how we want to stop them from becoming extinct. You might like to donate a dollar to WWF to help endangered species to be safer and less endangered. See you on Friday at the assembly.

Principal Awards

Constantine, Christian and Josh from 2C shared their collaboration when they enter the classroom at the beginning

of the day, to get ready for learning time.



Warmest Regards, Lisa Gough Principal lisa.gough@education.vic.gov.au



Sleep

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.

Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.

Signs that your child is not getting enough sleep can include:

- · low mood and irritability during social interactions
- reluctance or arguing about getting off devices and going to bed
- falling asleep during the day
- difficulties waking up for school and sleeping in late on weekends to catch up
- changes to communicating or interacting at home.

You can help your child to improve their sleep by:

- establishing a regular sleep pattern and consistent bedtime routine
- supporting them to avoid using electronic devices such as smartphones before going to bed and in bed
- encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep
- encouraging them to wind down and relax before going to bed.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or waking unrefreshed, despite getting adequate length of sleep, they should see a doctor.

For more information on sleep health, you can refer to:

- <u>Sleep tips for children</u> and <u>Facts about sleep for parents</u> and <u>school staff</u>, from the Sleep Health Foundation
- Why sleep is so important, from the Kids Helpline
- <u>Sleep explained</u>, from the Better Health Channel.

Teacher Professional Learning

Our teachers have had the opportunity to begin drafting a mutually agreed and valued list of characteristics of great maths learners. We are in the process of synthesising these ideas into our top 5 and used the KUDB model to frame our thinking. This allowed us to examine characteristics in four key areas:

- K Knowing, the building of factual knowledge
- U Understanding, deeper learning of concepts and big ideas
- D Doing, developing skills and capabilities
- B Being, ways of being, dispositions and mindsets

Characteristics identified across those areas included: problem solver, can manipulate and work with numbers, applies and transfers skills, can explain thinking, reasons, can explain how they solved problems, can estimate and check plausibility, makes connections between existing and new knowledge,

makes connections to the world, collaborates, can articulate strategies, questions, focuses on process not answers, applies different strategies, flexible thinking, curious, passionate, resilient, persistent, wants challenge and has a growth mindset.

You may like to read this article, <u>You don't need to be "good at</u> <u>maths" to help your children with their math</u> which was written by Doug Clarke, a respected academic in mathematics education.

Marie Curie STEAM Party

Bentleigh Secondary College hosted their annual International Women's Day celebration which showcased creating a space for girls to explore a range of STEAM activities. They invited level 4 and 5 students from local primary schools and their students led a range of activities. The session recognises the first woman to be awarded a Nobel Prize (Marie Curie), along with other female scientists Ada Lovelace (considered by many to be the first author of a computer program despite living a century before the invention of the modern computer), Jane Goodall (a pioneer in environmental conservation after living in Tanzania studying chimpanzees), Katherine Johnson (a mathematician and teacher who worked for NASA) and Rosalind Franklin (celebrated for her discovery of DNA).







Kind regards Amanda Seach <u>amanda.seach@education.vic.gov.au</u>

Assistant Principal's Report

AARON RICHARDS

NAPLAN

This week students in Levels 3 and 5 completed their first two NAPLAN tests. On Wednesday, students completed the writing test. Level 5's completed this digitally while the Level 3's completed this on paper. On Thursday, both levels sat the online reading test. Congratulations to all of our Level 3 and 5 students for giving their personal best in the two NAPLAN tests.

The final two tests will be completed in Week 8. On Monday 20th, both levels will sit the language conventions test while on Tuesday the final test (numeracy) will be sat.

District Swimming

Congratulations to Mr Lowrie and the District Swimming Team for finishing second in the 2023 Moorabbin District Swimming Carnival! This was our highest ranking in over 10yrs. We finished only a few points behind Valkstone Primary.

We also had a record number of students win their events and earn the right to represent Hughesdale Primary at the Kingston Division Swimming Carnival.

- Ella R 1st 10yr girls freestyle and butterfly. Ella also broke both her school records in these events.
- Lewis C- 1st 12yr boys butterfly and 2nd in freestyle
- Lily G 1st 11yr girls freestyle and 3rd in backstroke
- Jessica S 1st 12yr girls backstroke and 3rd in freestyle
- Elle H 1st 11yr girls butterfly
- Anthony V 1st 10yr boys breaststroke and 2nd in butterfly
- Cailin I 2nd 10yr girls backstroke
- Jack F 2nd 10yr boys freestyle
- Remy H 3rd 11yr girls breaststroke
- Ella, Emerson, Ava and Caitlin 1st 10yr girls 4x50m relay
- Jack, Anthony, Harvey and Lucius 3rd 10yr boys 4x50m relay
- Lily, Maybelle, Remy and Elle 1st 11yr girls 4x50m relay
- Jessica, Ella R, Ella D and Elle H 2nd open girls 4x50m medley relay

Division Swimming

On Tuesday, we had 11 students represent Hughesdale at the Kingston Division Swimming Carnival. All of our students gave their personal best, competing against the top swimmers in the area.

Ella R had a brilliant day, finishing first in the 10yr girls butterfly and second in the freestyle.

Anthony V swam a great race to finish the 11yr boys breaststroke in second place.

The 10yr girls 4x50m freestyle team consisting of Ella, Ava, Emerson and Caitlin swam a excellent relay to finish in third place.

Ella has now qualified to represent Hughesdale Primary at the Southern Metropolitan Swimming Carnival on Monday 3rd April. We wish Ella all the best!



aaron.richards@education.vic.gov.au





Term 1 Week 4 - Junior Hughesdale Hero

Class	Name of Student	For Showing (Values)	Reasons
FA	Lewis Gunasena-Turner	Respect	 Lewis always looks after our class by showing great respect for his teacher, peers, our classroom and school by speaking kindly, helping others and treating materials and equipment carefully. Congratulations on a great start to school Lewis!
FB	Ivy Cadby	Personal Best Respect Teamwork	• For being such a kind and caring member of our class. Ivy has settled into school beautifully, and helped lots of new friends to do the same. It has been wonderful to see her displaying such terrific behaviour, and demonstrating her personal best effort at school.
FC	Leon Kambas	Respect Personal Best	 Leon has made a wonderful start to Foundation. He tries his best in every activity and has shown kindness and respect to all in the classroom.
FD	Ann Pham	Teamwork Respect	 For being such a fantastic friend to your classmates. You always make an effort to include others in the classroom and when playing outside. We are lucky to have you in FD! Keep it up Ann!
1A	Elijah Roux	Teamwork Resilience Respect	 For being supportive of your friends and providing comfort when they are feeling down. For noticing when others seem to have no one to work with and including them in your group. For being brave and resilient starting at your new school!
1B	Ruby Sullivan	Teamwork Personal Best Respect	• For a fantastic start to the year in Level 1! You are consistently helpful, courteous and cooperative. Ruby sets an example of excellence in behaviour and problem solving especially during maths lessons. Keep up the fantastic effort!
1C	Tanvi Adlore Suresh	Resilience Personal Best	 For making an excellent start to your schooling at HPS! We have all enjoyed getting to know you. You have shown resilience when making new friends and shown respect towards all of your teachers.
1D	Josie Myers	All 5 Values!	• For your wonderful start to the year in Level 1! You are consistently trying your personal best with learning tasks, show kindness to others every day and have shown excellent resilience at drop off. You should be very proud of yourself Josie! Keep it up!
2A	Tommy Robertson	Respect Personal Best	 For active listening and showing kindness to all his classmates. As well as demonstrating his personal best during his maths (data and patterns) and writing (friendly letters) lessons.
2В	Ella Aumann	Personal Best	 For arriving each day with a big smile on your face. You give your very best during every activity and always listen carefully when we are learning on the mat. Keep up the wonderful effort Ella!
2C	Constantine Scarinci	Personal Best	 For approaching all tasks with a positive attitude and for being committed to your learning. You always try your personal best with a smile on your face! Keep up the good work Constantine!
2D	Eliza Zanotto	Personal Best Teamwork Respect	 For her excellent listening during class discussions and always trying her personal best. As well as for always showing kindness and compassion towards all her classmates and assisting them with tasks. Well done Eliza!

Term 1 Week 5 - Junior Hughesdale Hero

Class	Name of Student	For Showing (Values)	Reasons
FA	Dorsa Enticott	Teamwork	 Dorsa always helps with packing away and cleaning up. She reminds people of things they forget, and always lends a helping hand to whoever may need it. Well done, Dorsa! You are a real team player!
FB	Jacob Ng Yung Kiat	Teamwork Respect Personal Best	 For demonstrating his personal best effort in all aspects of his schooling! Jacob is always striving to achieve his best, and puts 100% effort into every class task. It is also wonderful to see him putting such a great effort into being a terrific friend to others at school. We are very lucky to have you in FB!
FC	Stathi Floros	Respect Teamwork	 For being such a fantastic friend to your classmates. You always make an effort to include others in the classroom and when playing outside. We are lucky to have you in FC! Keep it up Stathi!
FD	Jasmine Norder	Teamwork Respect	 For starting the school year with enthusiasm and positivity. She always tries her hardest to look out for others in our class. You are an excellent role model for your peers during group learning tasks too. Keep up the great effort Jasmine!
1A	Eva Katz	Resilience Personal Best	 For your amazing improvements settling into the classroom in the morning, we are so proud of the resilience you are showing. For giving your personal best to your learning and asking questions to clarify your thinking.
18	Jimit Bhatt	Personal Best Respect	 For a wonderful start to Level 1 approaching tasks with a positive attitude and outlook. Jimit is very happy and enthusiastic in the classroom which is great to see. Keep up the fantastic effort!
1C	Kairos Apokis	Personal Best Resilience	 For settling into 1C with a big, bright smile! Kairos is commended for showing his personal best with all of his new learning and sounding out new words in his writing.
1D	Scott Petrik-Snyder	Personal Best	 For showing your personal best with our Maths topic on Place Value. It's awesome to see you challenging yourself and focusing well during class time. Keep it up Scott!
2A	Rohan Shukin	Teamwork Personal Best	 For dedicating spare time outside of the classroom to writing stories (a story set!) with his friends. It is great to see the positive attitude you bring to writing!
2В	Lachlan Cheong	Personal Best Team Work Respect	 For his thoughtful contributions during our class discussions. Lachlan happily shares his knowledge and ideas with others during discussions. He strives for his best each day and shows enthusiasm during all learning tasks. Keep up the wonderful effort Lachlan!
2C	Vaahin Patel	Team Work Personal Best Respect	 For your kindness and helpfulness towards your classmates! Thank you for helping your peers make paper aeroplanes! Your enthusiastic attitude has put a smile on all of our faces. Keep it up!

Term 1 Week 5 - Junior Hughesdale Hero cont:

Class	Name of Student	For Showing (Values)	Reasons
2D	Charlie Fleming	Personal Best	 For completing some wonderful work during our maths topic of patterns. It is fantastic to see you staying on task and striving to achieve your personal best. Well done Charlie!
VA	Ella Aumann	Teamwork Personal Best	 For offering to show another student the steps for completing their construction For listening to instructions and working to achieve her personal best in Visual Arts

Hi, we are the JAG reps from 4C and 1D,

Just a reminder that we are doing a **Bully Zero Fundraiser** on **Friday 17th March**.

We will be dressing up as our favourite superheroes or powerful characters to stand up to bullies.

You are welcome to dress up as your favourite athlete, Batman, Wonder Woman, Spider-man, Batgirl, Gwen, Iron Man, Hulk, Black Panther, and so on.

HEALTH AND WELLBEING SUPPORTS

For more information and resources, visit:

LifeLine – phone 13 43 57

Lifeline is a 24-hour telephone service that offers confidential support and advice to help you deal with stress and personal challenges.

Beyond Blue information line - phone 1300 224 636

Beyond Blue has an information line that offers expert information on depression, how to recognise the signs of depression, how to get help, how to help someone else and how to stay well.

Mensline - phone 1300 789 978

This is a telephone support, information and referral service helping men deal with their relationship problems.

Nurse-on-Call – phone 1300 606 024

This is a 24-hour telephone service that allows people to discuss any health-related issues with a registered nurse for the cost of a local call.

DirectLine alcohol and drug counselling - phone 1800 88 236 Confidential drug and alcohol counselling and referral.

Parentline - phone 13 22 89 Support for parents and carers.

Kids Helpline – phone 1800 551 800

This is a 24-hour telephone service that provides a phone and online counselling service for young people aged 5–25.

Mental Health and Wellbeing Hubs - phone 1300 375 330 Book an in-person or telehealth appointment for anyone who feels overwhelmed or needs support with mental health concerns. If you want to show support for antibullying, you should bring a gold coin and give it to your JAG reps in your class. We will collect them by the end of the day. **Go Bully Zero!**





Australian Psychological Society Referral Service phone 1800 333 497

1800 Respect – 1800 737 732 (24 hours a day, 7 days a week) For people experiencing or at risk of experiencing sexual assault, domestic or family violence

Safe Steps Family Violence Response Centre – phone 1800 015 188 This response centre provides confidential support and information for women and children living with family violence or for anyone who knows a person living with family violence.

Orange Door

Access services for adults, children and young people who are experiencing family violence

Men's Referral Service – 1300 766 491 (8am to 9pm, Monday to Friday; 9am to 5pm, Saturday and Sunday) It takes a lot of strength to acknowledge that things may not be right. This service specialises in effective evidence-informed engagement with men. The staff will work to develop safe and effective interventions for men who turn to violence.

Sexual Assault Crisis Line – 1800 806 292 (24 hours a day, 7 days a week) For victims of sexual assault

Child Protection – 13 12 78 (5pm to 9am, Monday to Friday, and 24 hours on weekends and public holidays) For children and young people whose safety is at risk.



Dear Parents and Families,

Last week children have had great fun doing different paintings such as foil painting, abstract painting, water and acrylic painting.

The upcoming two weeks are going to be a blast for children, we as a team have planned **Handball Championship from 20th to 24 march** 2023. We also have planned **construction challenge** such as Lego, Magnetic blocks and Plastic blocks construction. In addition to that, there will be **badminton match and chess match**.

For our young sports enthusiasts, we have sports equipment such as soccer balls, footballs, basket balls and cricket and badminton kit.

Looking forward to see you having fun at your OSHC 😊

Regards – Navjot and Indira

It's free to register

To attend our program, you must register your child. You can register an account with us at <u>pp.campaustralia.com.au</u> or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.









Activities coming up

- Lego construction challenge
- Badminton match
- Handball Championship



What's on the menu

- Coconut ice Cream
- Oat cookies
- Pitta bread pizza



Visit our blog

New articles are added each week for parents and cover various topics to help families.

Visit our blog



www.campaustralia.com.au



CAMP AUSTRALIA CREATIONS





















CHILD SAFETY CLASS WITH GUEST SPEAKERS FROM VICTORIA POLICE



JOIN US FOR A FREE CLASS ON CHILD SAFETY WITH GUEST SPEAKERS FROM VICTORIA POLICE DISCUSSING THEIR ROLE IN THE COMMUNITY.

We will help make your child more aware of potentially dangerous people and situations with education on avoidance and preparation. For ages 4-12yrs.

CHALLENGE MARTIAL ARTS CENTRE 6 BURLINGTON STREET OAKLEIGH

SATURDAY 1ST APRIL 2023 1:30-3:00PM

Bookings Essential

Call to register: 9564 7900 Or Scan QR Code to register online



Join expert educator, mother and co-founder of Sex Education Australia, Justine Kiely-Scott in this special one-hour webinar.

Learn about how pornography affects young people as they grow up, why it's so important that parents and caregivers try to limit the negative impact, and what parents can do to prepare in a practical and non-confrontational way.

While 77% of Australian parents and guardians see themselves as responsible for speaking to their young person about pornography, less than half have actually discussed it!

Talking to your child about pornography before they learn about it through the internet or friends means they are more likely to tell you when they come across it and are less likely to be negatively affected. Using age-appropriate examples, topics we'll cover include:

- why we need to talk about this with our children as soon as possible
- how to encouage our children to be open and honest with us about what they see online.
- how to support our young person when they are exposed to material that upsets them

When and where?

This special 'Talk to me first' event will be held on Wednesday 22 March over Zoom. Parents of primary-aged children: 7-8pm AEDT Pricing

\$15.00° per family attending I session *Prices include GST

Visit sexeducationaustralia.com.au for more details exeducationaustralia.com.au





Dr Brett Moore, Executive Principal, warmly welcomes you to attend:

Ashwood Revealed OPEN DAY & NIGHT

Wednesday 3 May 2023

Tours & Information Sessions:

9:15am School Tour 10:15am Principal's Address 11:30am School Tour 5:00pm School Tour School Tour 5:30pm 6:00pm School Tour 6:20pm School Tour Principal's Address 7:00 pm

Book online www.ashwood.vic.edu.au





BENTLEIGH LAKERS BASKETBALL CLUB REGISTER NOW

FOR THE WINTER 2023 SEASON

Go to www.bentleighlakers.com.au **Registration closes April 3rd** If you have any queries email registerforlakers@gmail.com



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BOYS & GIRLS TEAMS FROM U9s-U18s

Check oakleighdragons.com.au/training for training dates and locations







OAKLEIGH DRAGONS **NOUIRIES & TO REGISTER** ENERAL ENQUIRIES ent - Brodie Pl 1499 999 863

oakleighdragons.com.au



ANGLICAN