HAPPENINGS

Every Child, Every Chance, Every Day



Week 2 Term 2 2023 Issue 6



Past Hughesdale Happenings can be found on COMPASS in Community under School Documentation



HOW TO CONTACT THE SCHOOL

SCHOOL 9570 4808 OSHC 0423 940 728

www.hughesdaleps.vic.edu.au email: hughesdale.ps@education.vic.gov.au

School Council President's Report

Dear All,

If this your first year at HPS, I would like to extend a very warm welcome to each of you. If you are a seasoned HPS family, I know that you are as excited as I am to be getting the kids back to school for Term 2. My name is Kirsten Williams and I have taken on the role of School Council President for 2023. This is my sixth year on School Council and third year as President. As a Council we will provide regular newsletter updates to inform the community of key discussions and decisions made at School Council meetings which are held monthly during school terms. As a council it is our role to support the Hughesdale Primary School leadership team to provide the best possible educational outcomes for our amazing students.

In term 1, School Council held two council meetings. Our first meeting was held on 20th February and our AGM on 20th March. Ordinary business discussed in these meetings included:

- School Council approved a 5yr contract with Camp Australia. The new contract includes \$25,000
 worth of upgrades provided by Camp Australia for the Camp Australia building. During school hours
 this building is also our Performing Arts space and is a school owned asset. Several improvements
 were completed over the Easter break, including painting and modern furniture.
- The Annual Implementation Plan (AIP) was presented to Council. The AIP is a core part of school business. It documents a sharp and narrow focus on school improvement priorities and provides clarity and purpose for all members of the school community as they work towards the Goals set out in the School Strategic Plan (SSP). For anyone who would like to read the AIP, it is uploaded to HPS website @ Policies/ DET Documents | Hughesdale Primary (hughesdaleps.vic.edu.au)
- Reviewed the financial reports and found them to be consistent with our Annual Budget. approved annual financial motions relating to bank account signatories, cardholders, GST, purchase order authorities, Cash Handling Policy, Electronic Funds Policy, and Purchasing Card Policy
- · Updated the asset register
- Watched the video presentation from the JAG team to School Council. A personal favourite for many of us.
- School Council has been working hard to support P&F over the last 12 months. P&F is operating with
 a reduced events calendar this year, so they can concentrate on building community and fun for our
 volunteers and P&F team and rebuilding the P&F base. Jarryd Biffin, Karthik Thoppay & Ben Parker
 have volunteered to host 'Beers & Tears' and a 'Golf Day' later in the year. A wonderful group of
 Grade 6 mums; Bridget Vincent, Jacqui Corben, Rachel Washington & Jodie Davis will be hosting a
 Carnival this year. School Council and P&F is incredibly grateful and appreciative of their hard work
 and support for HPS.
- Approved the Alcohol Policy
- At the AGM, the Annual Principal's Report and the Annual President's Report is presented. This ensures that the AGM provides a comprehensive analysis of the previous year. As part of the Principal's Report, Lisa Gough presents 'The Annual Report to the School Community' provides principals and school councils with an opportunity to share the year's achievements and progress with the school community. It outlines what we have achieved, how well we are going and what we need to focus on next to continually improve the educational programs and services for students in our community. This includes reflecting on the school's performance and explaining the positive impact of school improvement efforts on student outcomes. For anyone who would like to read the Annual Report to the School Community, it is uploaded to HPS website @ Policies/ DET Documents | Hughesdale Primary (hughesdaleps.vic.edu.au)
- The AGM also focuses on the election of office-bearers and sub-committee representatives. In addition to attendance at monthly Council meetings, councillors undertake work on various sub-committees which benefits the school enormously. I thank all councillors for volunteering their time in this regard. The 2023 council members, undertake their position on council and additional roles on the following subcommittees:

Laura Puzzello (Parent)	Secretary, Education subcommittee
Megan Rive (Parent)	Education subcommittee
Jarryd Biffin (Parent/Community Member)	Education subcommittee
Bridget Vincent (Parent)	Vice President; Education subcommittee
Kirsten Williams (Parent)	President; Finance, facilities & grounds subcommittee, Parents & Friends Convenor
Lisa Gough (DET; Principal)	Finance, facilities & grounds subcommittee
Rebecca Bamert (Parent)	Treasurer; Education subcommittee, Finance, facilities & Grounds Convenor
Amanda Seach (DET; Asst Principal)	Education subcommittee Convenor
Aaron Richards (DET; Asst Principal)	Education subcommittee, P&F subcommittee
Karthik Thoppay Rajaram (Parent)	Education subcommittee
Sharon Amiet (DET)	
Ashley Carey (DET)	
Ben Parker (Parent)	
Natasha Sodhi (Parent)	P&F subcommittee
Hollie Barac (Guest/Non-voting Rights)	P&F subcommittee

As a council we welcome your input and feedback. If you have any queries, please do not hesitate to contact me.

Kirsten Williams,

2023 School Council President
Kirsten.Williams@education.vic.gov.au.

Assistant Principal's Report

AARON RICHARDS

SSV Regional Swimming Carnival

Last term, Ella R from Grade 4 competed at the Southern Metropolitan Swimming Carnival. Ella raced in the 10yr girls butterfly. She swam an unbelievable race, finishing second! Ella swam a PB, breaking her own school record by two seconds! Congratulations Ella on your exceptional performance. Hughesdale Primary is very proud of your achievements in the pool this year.

SSV Region and State Diving Championships

On Monday, Caitlin I from Grade 4 competed in both the SSV Region and State diving competitions. In the Southern Metropolitan Region, Caitlin finished 2nd! This result put Caitlin through to the State finals, where she finished in 7th place! Congratulations

Caitlin on your outstanding performances! We are extremely proud of your achievements.





Smile Squad dental packs

All children deserve a healthy smile, and the Smile Squad free school dental program is working hard to help make sure this happens.

Your child(ren) will soon receive a free dental pack to bring home. The dental pack contains a toothbrush, full sized toothpaste, and an oral health brochure. Please take the time to read the brochure. It's full of helpful hints and tips to help your whole family eat well, drink well and clean well – for life.

Did your dental pack come in a water bottle?

Smile Squad water bottles are not dishwasher safe and must be hand washed.

Standard strength toothpaste

Smile Squad provides standard strength fluoride toothpaste that is generally used by ages six and over, unless recommended by a dental or trained health professional.

If your child is under six, please talk to a dental or trained health professional to find out if your child might benefit from using this toothpaste. You can also choose to put the toothpaste away until they turn six or give it to someone else in your family to use.

Term 1 Building Works

Over the school holidays we had painting works completed in the OSHC/ Performing Arts room. Several defects in the building were rectified, before it received a new coat of paint. All external and internal surfaces have now been repainted. A big thank you to Gerard Cullen for helping with the moving of the building's furniture.

The painting team also began restoration work on the exterior of the main building. The facade of the art room received some much needed attention. The outside facade of the rest of the main building will be gradually painted and restored over the next 18 months. These works all form part of our five year building rectification plan. As part of these works, along with general school improvements, we plan to:

- Replace all the carpets in the main building
- Replace the staff toilets and vanities in the main building
- Replace and re-align some of the louvres in the gymnasium
- General repairs to render, mortar and building facades.
- Install a shade sail between the running track and oval
- Renovate the kitchen and toilet facilities in OSCH (Camp Australia).

Kaboom Tabloid Sports

Hughesdale Primary School will once again be holding a Kaboom Tabloid Sports for our Foundation, Level 1 and Level 2 students. The feedback from last year's event was extremely positive. The tabloid sports provides our junior school students with a large sporting experience that by all reports is a lot of fun! It will be held on Thursday 11th May during sessions 4 and 5 (12:15-1:50) on the school oval. Our school leaders will also be involved in leading the event. This event is now live on Compass for permission and payment.

Aaron Richards

aaron.richards@education.vic.gov.au

Assistant Principal's Report

AMANDA SEACH

Health Education

As part of the Health and Physical Education Program (Personal, Social and Community Health) Hughesdale Primary partners with SEA who provide experienced educators to facilitate workshops alongside our classroom teachers. For a number of years we have offered these programs to our Level 5 and 6 students and this Year have introduced workshops for Level 4 students also. The focus of these workshops is for our students to receive age-appropriate, accurate information that will help keep them safe and healthy physically, socially and emotionally as they develop through the primary years. The program aligns with the Victorian Curriculum, and supports our school to meet Child Safe Standard 3 - Children and young people are empowered about their rights, participate in decisions affecting them and are taken seriously. The sessions are interactive, engaging and respectful of the wide-ranging values that families have. All workshops include key messages about body safety, consent, respect, being kind and the importance of talking to a trusted adult.

As part of the program we also offer an information session to





parents and carers of the students in Levels 4-6 in which SEA share:

- what will and won't be covered in our classroom programs (and the language we use to talk about certain topics)
- why it's important to talk to your child or teenager
- tips on how to talk, what to say and when
- how to kick-start or continue conversations
- tips on how to answer difficult or uncomfortable questions
- what to do when you get caught unprepared by a tricky question
- where to go for further information and support

Our student workshops are happening over the month of May. SEA also hosts online parent events across the year, produce a podcast and a newsletter which may be of interest to you. Please <u>visit this link</u> to find out more.

Kind regards

Amanda Seach

amanda.seach@education.vic.gov.au

In Term 2, all students from Foundation to Level Six will continue the Resilience, Rights and Respectful Relationships Program. The teaching and support staff at Hughesdale PS have been busy undergoing professional development sessions which have built their capacity and confidence to administer the program effectively. One of the unique features of this program is that all students in the school explore the same topics at the same time, but each topic is taught in an age-appropriate manner specific to that year level and directly links to the Personal and Social Learning objectives outlined in the Victorian Curriculum. An outline for each of the three units we will explore this term is below:



PERSONAL STRENGTHS

Children and young people need a vocabulary to help them recognise and understand strengths and positive qualities in themselves and others. This topic provides learning activities to build this vocabulary and to use it when discussing personal, social and ethical challenges. Research in the field of positive psychology emphasises the importance of identifying and using individual strengths. Social and emotional learning programs which use strength-based approaches promote student wellbeing, positive behaviour and academic achievement.

POSITIVE COPING

Learning activities in this topic provide opportunities for students to identify and discuss different types of coping strategies. When children and young people develop a language around coping, they are more likely to be able to understand and deliberately utilise a range of productive coping strategies and diminish their use of unproductive coping strategies. Students learn to extend their repertoire of coping strategies and benefit from critically reflecting on their own choices and being exposed to alternative options. Activities introduce students to the concept of self-talk and practice using positive self-talk to approach and manage challenging situations. Positive self-talk is a key strategy for coping with negative thoughts, emotions and events. It is associated with greater persistence in the face of challenge, and can be learnt or strengthened through practice.

STRESS MANAGEMENT

Children and young people experience a range of personal, social and work-related stressors in their everyday lives. Activities within this topic have an explicit focus on teaching positive approaches to stress management. Assisting students to recognise their personal signs and symptoms of stress, and to develop strategies that will help them to deal with stress effectively, will help students cope with future challenges. The activities focus on the ways in which self-calming strategies can be used to manage stressful situations.

Further information about the resources teachers will be using and specific lessons that will be taught can be found at Introduction Resilience, Rights and Respectful Relationships - FUSE - Department of Education & Training.

We are very much looking forward to another successful term exploring our Resilience, Rights and Respectful Relationships at Hughesdale Primary School.

Tom Margary Resilience, Rights and Respectful Relationships Leader

In Term 1 we have been focusing on two topics in RRRR (Resilience, Rights, and Respectful Relationships): emotions and personal strengths. We have started a Respectful Relationships Award, with one winner who demonstrates the topic we are learning about in RRRR at that point of time. Congratulations again to the winner for emotions, Maya Saville Crowe, from 4B. This is a snapshot of what we have been learning about in RRRR this term.

This term we have been learning about emotions. We learnt about the intensity of emotions, and what more intense and complex emotions are, and how they can be bigger versions of less intense emotions, such as devastated is a more intense version of disappointed, enthusiastic is a smaller version of ecstatic, and annoyed is a smaller version of furious. Something else we learnt about were positive emotions, such as relief, negative emotions, such as anxiety, and mixed emotions, such as exhilaration.

Later in this term, we started working on personal strengths. Some examples of personal strengths are kindness, generosity, innovation, fairness, and courage. We thought about people, both fictional and real, we admire because of the personal strengths they possess and demonstrate. We learnt about situations in which people may show some of their personal strengths, and how those strengths are applicable in everyday life, such as how you may use tolerance when working with people you do not necessarily get along with.

We also learnt what the difference between talents and personal strengths are. The difference between talents and personal strengths are that talents are things that you are good at, while personal strengths are things that are good about you. Both are things that are admirable and can be learnt. Some examples of talents are being good at maths, sport or music. We also talked about which strengths would be appropriate for which scenarios, and how they would be useful.

In conclusion, we have learnt about personal strengths and emotions this term, and we look to sharing more information with you next term.

Girija P (6C) & Milly C (6B) Respectful Relationships Captains

Halogen National Young Leaders Day

Hi I'm Ella and I'm a Visual Arts Captain and I'm Zoe and I'm a Jacaranda House Captain. On Monday the 27th of March, the Level 6 leaders went on an excursion to the Melbourne Exhibition and Convention Centre to take part in the National Young Leaders Day. Many different schools from all around Victoria came together and took part in the National Young Leaders Day. Before the speakers came out we had a great time playing games and learning new dances, one of the dances was 'it's fun to learn, you know.' In between the speakers we would play games and do competitions. Some of the games were Where's Wally, Twister and Who's the Celebrity. Then we did a noise competition which was when each side of the audience had to scream out either right here or right now. Our side was right here and we think we won.

There were four different speakers, Amanda Johnstone, Robert Dipierdomenico, Nazeem Hussian and Candy Hertz. They all talked to us about the qualities of leadership and the different meanings of being a leader. Here is a bit of information on the different speakers.

Here is a bit about Amanda Johnstone. Amanda was born in Tasmania, Amanda also works with NASA rockets and Apple and did you know that Amanda's biggest dream as a young girl was to be in the Time magazine one day. And that dream came true which was amazing for Amanda.

Robert Dipierdomenico, also known as the Dipper. Robert is a former AFL player for the Hawthorn Football Club. When Robert played football he won five premierships with his football team. When Robert was in his school years he had a very hard time because he was very shy and had a stutter which caused him to take longer than everyone else to speak.

Nazeem Hussain was a naughty student during his school years. He is mostly known for being a comedian but he is also an author of a children's novel called Hy-Larious Hyena. He is currently in the middle of writing another new children's novel.

Candy Hertz is known as a slashie which is an individual that has multiple jobs. Candy is a TV presenter and a journalist. Candy has worked with many different radio stations and lots of different sport teams. She has interviewed many famous people and said "I can't wait to interview more in the future."

At the venue we had an opportunity to buy a Halogen pin for \$5.00. The Halogen pin is worn by many student leaders around the world. Wearing a Halogen pin signifies you as a leader. This is what it looks like:

Overall we had an amazing time at the National Young Leaders and we learnt that:

- To never let others bring you down
- Always ask for help
- You don't have to be perfect in school to create your dream life
- You can create your own path

Here is a quote from Robert Dipierdomenico which is 'Success isn't when you arrive at the finish line by yourself.'

Ella and Zoe 6C







Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and Hughesdale Primary School is excited to be participating.

The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by **8 September 2023.**

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit: https://www.vic.gov.au/premiers-reading-challenge

Your child should receive their passwords by the end of the week. Any questions please speak to Miss Pincus (1C)

Selected PRC books are available in the library to borrow. If you'd like your child to borrow extra library books please see Gretel.







McKinnon Secondary College will be running **SCHOOL TOURS** on Thursday 4th, Friday 5th, Monday 8th & Tuesday 9th May between 9-10am.

These will be taking place at our Main Campus on McKinnon Rd.



Bookings are essential so please call 8520 9000 during school hours to reserve a place.



CUSTOMER SERVICE & SALES ASSISTANT (Part-time)



The Attic Group is a family-owned

business and the leading name in Attic conversions, building products and storage solutions in Australia. We are looking for an enthusiastic self-starter to work in our showroom for an immediate start.

Core Functions include:

- Showroom sales/customer facing
- Providing customer service by phone and email
- Scheduling of sales appointment
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The Person:

To be considered for this role you take pride in your work and have

- Attention to detail
- · Well presented with exceptional customer service
- Proficient with Microsoft software eg. Word, Excel
- Excellent written and verbal communication <u>abilities</u>

The Benefits:

- Flexible working hours
- Onsite Parking available
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- Initial and ongoing trainings with continual support
- Work with the industry leader in attic solutions for over 45years

If you would like to know more, please call or email
Karen Sargeant: 0403 885 944 / karens@atticgroup.com.au

DONATE NAPPIES MOTHER'S DAY COLLECTIVE May 8-21 THE NAPPY COLLECTIVE thenappycollective.com

Our school is a collection point for The Nappy Collective again this May, and we need your nappies!

Right now in Australia, 1 in 10 families don't have enough nappies to keep their little ones clean, healthy and happy.

The Nappy Collective gathers thousands of donated nappies, sorts them and distributes them to families in need through more than 200 organisations across Australia.

We'll have a box set up in the **Tanner Building** from **Monday 8 to Monday 22 May.** We'd love it if you could bring in any **unused, disposable nappies** you no longer need.

Maybe your child has moved up a nappy size, or has figured out toilet training (congratulations!), or you've got a handful of random nappies in the back of the cupboard that you don't know what to do with. Ask your friends with kids, too. Every nappy counts!

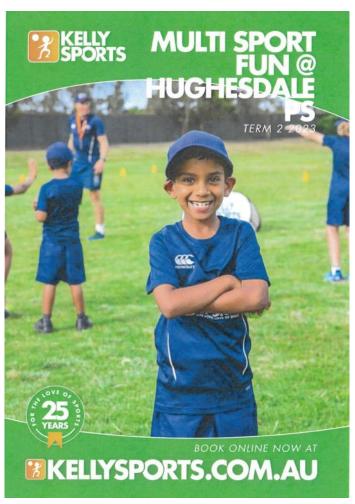
Your nappy may go to a mum fleeing family violence, an asylum seeker or refugee, or a family struggling with homelessness, mental illness, drug abuse or extreme financial hardship: people who may have to choose between buying nappies or buying food.

Our fabulous HPS families have donated more than a thousand nappies over the last few years, which is awesome – all those clean, dry, happy baby bottoms!

Find out more at www.thenappycollective.com (where you can also donate 'virtual nappies' if you don't have any real ones lying around).

Or contact HPS parent Megan (meg.rive@gmail.com – Katania, 6B, and Angus, 4C).

Please note, **The Nappy Collective can only take nappies**. If you have other items you'd like to donate – such as baby clothes, toys or bottles – please consider donating them to an organisation like <u>St Kilda Mums</u>, or your local op shop.





Outside School Hours Care

Newsletter





Your OSHC.



4/05/2023

HUGHESDALE PRIMARY SCHOOL

A message from your Coordinator

The Rocketeers and Handball has been an amazing experience for all the children here at OSHC. The children enjoyed the most were the incursions being provided. Rocket science and 60 min obstacle challenge was the favourite for all. Children also have had an outstanding experience at inflatable world and Gecko sports excursions.

These two weeks of term 2 has been a fresh start in a newly painted OSHC room. All the parents and children are happy to see the renovated space.

The Next week is going to be all about construction week, we as a team have planned various Lego construction activities and Building challenges out of Lego, blocks, cardboard and popsicle stick.

Looking forward to seeing your amazing construction creations!

Activities coming up

- Build awesome Lego Animals
- DIY Lego Marble maze
- Building a tree house

Regards: Navjot and Indira





Make a booking

Join in the fun of Outside School Hours Care activities and experiences with Your OSHC and Rocketeers.

Book now

Register free and book in 24/7 via our app

To attend our program, you must register your child. You can register an account with us at <u>pp.campaustralia.com.au</u> or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.









