



Hughesdale Primary School

Physical Education Policy

Last Review
Date;
October 2019

Due for Next Review;
October 2023

Included on Website;
 Yes No

Authorised (Principal);

PURPOSE:

- To provide ample and varied opportunities for all students to extend and/or develop their potential.
- To develop a desire to participate in physical activity.
- To develop physical fitness, fundamental motor skills and co-ordination in a wide variety of activities.
- To develop a sense of teamwork amongst students as well as an appreciation and respect for umpires and officials.

GUIDELINES:

- The program will cover all topics as outlined in the Learning Outcomes for each Level in the Victorian Curriculum.
- All students will have an equal opportunity to partake.
- Necessary equipment (or replacement) will be provided to ensure the program runs smoothly.
- All facets of Physical Education/Sport are to be covered. These include ball handling, gymnastics, dance, swimming, athletics and major and minor games.
- The program is to be based on a belief that a greater proportion of the students are likely to want to participate in Physical Education activities, if enjoyment, physical achievement and team co-operation are emphasised before competition.
- Each class is to take responsibility for its sports equipment allocation.

IMPLEMENTATION:

- The specialist program will be conducted by the Phys. Ed. teacher who will have priority call on the gym for Phys. Ed. lessons..
- A facet physical education program shall be conducted from grades 3 – 6 by the specialist Phys. Ed teacher and the class teachers. Level 1 -4 to take own classes for a sport session on top of the one conducted by physical education teacher.
- The Perceptual Motor Program will operate in Prep.
- Students in Grades 5 and 6 will be given the opportunity to participate in Inter School Sport.
- Students in Grades 3 and 4 will be provided with the skills for major games, enabling them to prepare for inter school sport in Grades 5 and 6. Victorian Curriculum shall form the basis of the Physical Education Program for the specialist teacher supported by 'Sport It', 'Daily Physical Education Program (S.A.)', The Fundamental Motor Skills Manual and the 'Aussie Sports Manual', are to be used to aid planning in conjunction with PASE courses run by ACHPER. Victorian Curriculum will be the main resource used by the class teachers.
- Students will participate in an annual Swimming Program (10 days intensive) at GESAC.
- The Physical Education Co-ordinator shall be responsible for the purchase, maintenance, storage and distribution of equipment and resources.
- Grade sports equipment will be allocated at the beginning of each school year (a once only allocation).
- All sports equipment to be borrowed and returned by the teacher immediately after the lesson.
- Teacher in charge of Senior Sports Team to conduct weekly training sessions, as timetabled on Yard Duty Roster.
- Gymnastics 4 Hire or Footsteps to run a 3-4 week intensive gymnastics/dance program for all students in a nominated term.
- Continue to provide 'high level' opportunities in the swimming program.

ASSESSMENT

Teacher checklists, rubrics, peer assessments and observations as students rotate through Facet Phys. Ed. groups. Classroom teachers to note anything particular about student's ability during own lessons and refer to P.E Teacher.

EVAULATION

The whole staff will meet annually to evaluate and review the program.

RECOMMENDATIONS FOR 2020

The 10min run around the track to be re-introduced due to overwhelming demand and poor results at the District Cross Country.

CYCLE REVIEW

Due for review in October 2023.