



Hughesdale Primary School

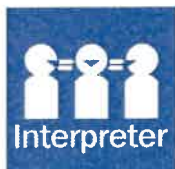
Physical Education Policy

Last review date:
August 2023

Due for next review:
August 2025

Included on website:
 Yes No

Authorised (Principal):



Help for non-English speakers

If you need help to understand the information in this policy, please contact our Business Manager or Assistant Principal.

PURPOSE

- To provide ample and varied opportunities for all students to extend and/or develop their potential.
- To develop a desire to participate in physical activity.
- To develop physical fitness, fundamental motor skills and coordination in a wide variety of activities.
- To develop a sense of teamwork amongst students as well as an appreciation and respect for umpires and officials.

GUIDELINES

- The program will cover topics as outlined in the Victorian Curriculum.

Victorian Curriculum Learning Area	Strand	Sub-strands
Health and Physical Education	Movement and Physical Activity	Moving the body Understanding movement Learning through movement

- All students will have an equal opportunity to partake.
- Hughesdale Primary School will provide necessary equipment (or appropriate replacements) to ensure the program runs smoothly.
- All types of physical education/sport are to be covered. These include ball handling, gymnastics, dance, swimming, athletics, and major and minor games.
- The program will be based on a belief that a greater proportion of students are likely to want to participate in physical education activities if enjoyment, physical achievement and team cooperation are emphasised over competition.
- Each class will take responsibility for its sports equipment allocation.

IMPLEMENTATION

- The Physical Education Teacher will conduct the specialist physical education program and will have priority use of the gym for physical education lessons.
- The Physical Education Teacher will conduct the physical education program from Grades F to 6. In addition, the Grades 1 to 4 class teachers will conduct a weekly sport session with their own classes.

- The Perceptual Motor Program will operate in Foundation. The Perceptual Motor Program (PMP) is a movement-based program which helps younger students improve their eye/hand and eye/foot coordination, fitness, balance, locomotion and eye-tracking skills.
- Students in Grades 5 and 6 will be given the opportunity to participate in inter-school sport.
- Students in Grades 3 and 4 will be provided with the skills for major games, enabling them to prepare for inter-school sport in Grades 5 and 6.
- The Victorian Curriculum will form the basis of the specialist teacher’s physical education program. *Sport it, Daily physical education program (South Australia), The fundamental motor skills manual* and the *Aussie sports manual* are to be used to aid planning in conjunction with the Pedagogical approach to sport education courses run by the Australian Council for Health, Physical Education and Recreation. Class teachers will use the Victorian Curriculum as their main resource for weekly class sport sessions.
- Students will participate in an annual swimming program (10 days intensive) at the Glen Eira Sports and Aquatic Centre.
- The Physical Education Teacher is responsible for the purchase, maintenance, storage and distribution of physical education equipment and resources.
- The Physical Education Teacher will allocate sports equipment to each grade at the beginning of each school year (a once-only allocation).
- Class teachers will borrow equipment for their weekly sports session and return immediately after the session.
- The teacher in charge of the senior sports team will conduct weekly training sessions, as timetabled on the Yard Duty Roster.
- An appropriate external provider will be engaged to run a three- to four-week gymnastics program.

ASSESSMENT

- The Physical Education Teacher will use teacher checklists, rubrics, peer assessments, learning tasks and observations as students rotate through facet physical education groups.

COMMUNICATION

This policy will be communicated to our school community in the following ways:

- available publicly on our school’s website
- included in induction processes for relevant party
- made available upon request to the front office.

RELATED POLICIES AND RESOURCES

School policies:

- *Statement of values and philosophy*
- *Visitors policy*
- *Traffic education policy*

Department of Education policies:

- [Child safe standards](#)

POLICY REVIEW

Policy last reviewed	August 2023
Next scheduled review date	August 2025
Review cycle	The recommended minimum review cycle for this policy is 2 years